Concentration & Joie de Vivre





Recipes with

# Organic Lemon





## Organic Lemon

Lemon essential oil is well-known for its refreshing, concentration-enhancing and energizing effects.

### Fragrance Profile

Fresh, sparkling, clear

#### Benefit

Helpful in neutralizing odors, it energizes and revitalizes you when suffering from fatigue and listlessness and puts a smile back on your face.



#### Lip Balm

- 25 g Raw & Organic Shea Butter
- · 2 drops of Organic Lemon
- 1 drop of Organic Peppermint

Melt the shea butter in a double boiler (max. 40 °C). Blend the essential oils into the liquefied Shea Butter, mix and pour into a glass jar. Allow to harden for one day.



### "COMPLETE CONCENTRATION" BLEND Bland

- · 4 drops of Organic Lemon
- · 3 drops of Organic Grapefruit
- 2 drops of Siberian Fir

To increase your attentiveness and concentration, add the blend to your favorite fragrance warmer, diffuser or aroma stone.







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