

*Relaxing &
Skin Nourishing*



PRIMAVERA®



DIY

Recipes with

Organic Lavender Fine



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Organic Lavender Fine

Lavender essential oil is an allrounder, our jack of all trades. It enhances mental and spiritual wellbeing and assists stressed skin as it heals.

Fragrance Profile

Fresh, herbal, mild

Benefit

For skin care and regeneration; helps with relaxing, even during moments of agitation. Proven beneficial for use during bedtime rituals.

“RELAX”

Aroma Bath

- 100 g sea salt
- 10 drops of Organic Lavender Fine
- 5 drops of Organic Orange

To create a relaxing aroma bath, add 4 tbsp. of the blend into your bath water or use 2 tbsp. for a footbath.

“IN BALANCE”

Face Oil

- 30 ml Organic Evening Primrose Seed Oil
- 3 drops of Organic Lavender Fine
- 2 drops of Organic Cedar

Add the drops of essential oils into the evening primrose oil and shake well. Apply to cleansed skin and gently massage.



DIY



Lavandula angustifolia

